English Edition

Interpretive Report

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Report prepared for

JOHN SAMPLE

13 March 2012



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The MBTI® Personality Assessment

This Step II report is an in-depth, personalised description of your personality preferences, derived from your answers to the Myers-Briggs Type Indicator® Step II European Edition. It includes your Step I results (your four-letter type), along with your Step II results, which show some of the unique ways that you express your Step I type.

The MBTI® instrument was developed by Isabel Myers and Katharine Briggs as an application of Carl Jung's theory of psychological types. This theory suggests that we have opposite ways of gaining energy (Extraversion or Introversion), gathering or becoming aware of information (Sensing or Intuition), deciding or coming to a conclusion about that information (Thinking or Feeling), and dealing with the world around us (Judging or Perceiving).

If you prefer Extraversion, you focus on If you prefer Introversion, you focus on the outside world to get energy through the inner world and get energy through interacting with people and/or doing things. reflecting on information, ideas, and/or concepts. If you prefer Sensing, you notice and trust If you prefer Intuition, you attend to and trust interrelationships, theories, and future facts, details, and present realities. possibilities. If you prefer Thinking, you make decisions If you prefer Feeling, you make decisions using logical, objective analysis. to create harmony by applying person-centred values. If you prefer Perceiving, you tend to be **If you prefer Judging,** you tend to be organised and orderly and to make decisions flexible and adaptable and to keep your quickly. options open as long as possible.

It is assumed that you use each of these eight parts of your personality but prefer one in each area, just as you have a natural preference for using one hand rather than the other. No preference pole is better or more desirable than its opposite.

The MBTI instrument is not a measure of your skills or abilities in any area. Rather it is a way to help you become aware of your particular style and to better understand and appreciate the helpful ways that people differ from one another.

YOUR REPORT CONTAINS

Your Step I Results
Your Step II Facets
Applying Step II to Communicating
Applying Step II to Making Decisions13
Applying Step II to Managing Change
Applying Step II to Managing Conflict
How the Parts of Your Personality Work Together
Integrating Step I and Step II
Using Type to Gain Understanding
Overview of Your Results
Further Reading21
Interpreter's Summary 22

(P) PERCEIVING

Your Step I Results

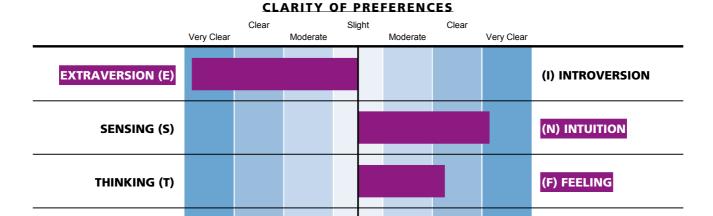
JUDGING (J)

50

40 30

20 10

The graph below provides information about the personality type that resulted from scoring your responses to the Step II items. Each of the four preferences your answers indicated is shown by a bar on that side. However, since the rest of this report is based on your best-fit type, the graph may not reflect your best-fit preferences.



Your reported type came out to be ENFP. The type you verified as your best-fit type is

10

20 30

40

60

(Extraversion, Intuition, Feeling, Perceiving)
This report is based on your best-fit type.

ENFPs are typically enthusiastic innovators, always seeing new possibilities and new ways of doing things. They have a lot of imagination and initiative for starting projects.

ENFPs' energy comes from what is new and different, and they are spontaneous and enjoy action. They can become so interested in their current projects that they drop other things that are less exciting.

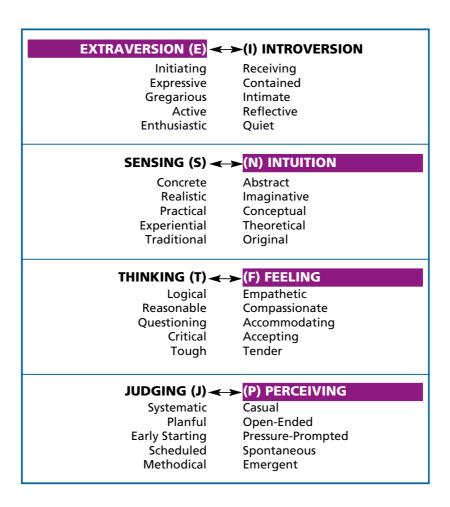
Because they see so many possibilities, ENFPs sometimes have difficulty picking those with the greatest potential. They dislike routine and find it hard to apply themselves to the sometimes necessary details involved in finishing projects, easily becoming bored.

They are concerned about people and understand others' needs and aspirations. ENFPs readily communicate their enthusiasm, and this can be infectious. They often inspire others as well.

ENFPs are likely to be most satisfied in a work environment that is welcoming to people, innovative, and full of exciting new possibilities. Others can count on them to find new ways of helping people solve problems and overcome barriers.

Your Step II Facets

Your personality is complex and dynamic. Step II describes some of that complexity by showing your results on five different parts or facets of each of the MBTI instrument's four pairs of opposite preferences shown below.



In reviewing your results, keep in mind that:

- Each facet has two opposite poles. You are more likely to favour the pole that is on the same side as your overall preference (an in-preference result) for example, the Initiating pole if you prefer Extraversion, or the Receiving pole if you prefer Introversion.
- For any particular facet, you might favour a pole that is opposite to your overall preference (an out-of-preference result) or show no clear preference for either pole (a Midzone result).
- Knowing your preferences on these twenty facets can help you better understand your unique way of experiencing and expressing your type.

HOW TO READ YOUR STEP II RESULTS

The next 5 pages (7-11) give you information for each set of facets. Each page has a graph of your results on the facets. The graph gives:

- Brief definitions of the MBTI Step I preferences shown.
- The names of the five facet poles associated with each MBTI preference along with three descriptive words or phrases for each facet pole.
- A bar showing the pole you prefer or the Midzone. The length of that bar shows how clearly you reported your preference for that pole. By looking at the graph, you can see whether your result on a facet is in-preference (scores of 2-5 on the same side as your preference), out-of-preference (scores of 2-5 on the side opposite your preference), or in the Midzone (scores of 0 or 1).

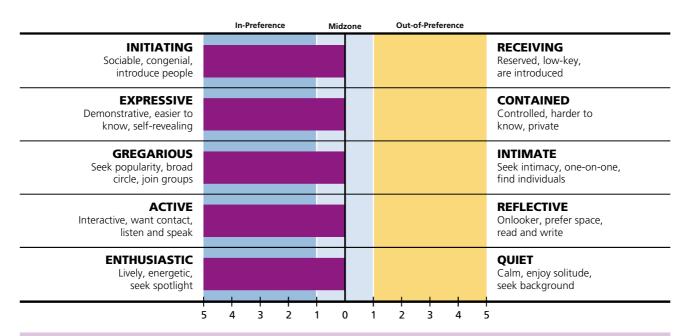
Below the graph are statements that describe the characteristics of each in-preference, out-of-preference, or Midzone result. To contrast your results, look at the three words or phrases that describe the opposite facet pole on the graph at the top of the page. If a set of statements does not seem to fit, perhaps you would be better described by the opposite pole or by the Midzone.

EXTRAVERSION (E)Directing energy towards the outer

urecting energy towards the oute world of people and objects

(I) INTROVERSION

Directing energy towards the inner world of experience and ideas



Initiating (in-preference)

- Are assertively outgoing in social situations, planning and directing gatherings.
- Act as a social facilitator, arranging the situation to get what you feel is best.
- Carry out social obligations with finesse, introducing people to each other with ease.
- Enjoy linking people whose interests are similar.
- Genuinely want people to interact.

Expressive (in-preference)

- Talk a lot!
- Find it easy to express your feelings and interests to others.
- Are seen by others as cheerful, warm, and humorous.
- Are easy to get to know.
- May sometimes wonder whether you've talked too much or said inappropriate or perhaps embarrassing things.

Gregarious (in-preference)

- Enjoy being with others and dislike being alone.
- Are socially poised with both strangers and friends.
- Don't distinguish between friends and acquaintances.
- Join groups because you enjoy the sense of belonging.
- Feel that being popular and accepted is important.
- Want to be asked to participate in activities, even if you're not really interested in them.
- Have many acquaintances.

Active (in-preference)

- Prefer active participation and discussion rather than passive observation and listening.
- Learn better by doing, hearing, and asking questions than by reading and writing.
- Like to communicate in person, either face-to-face or voice-to-voice.
- Would rather talk than write about a topic.

Enthusiastic (in-preference)

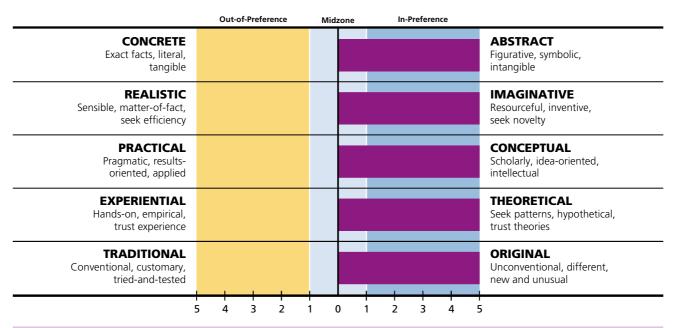
- Like being where the action is.
- Often seek to be the centre of attention.
- Show wit and humour when you talk with others.
- Feel that life is meant to be exciting.
- Catch others up in your enthusiasms.
- Get bored without activity, so you make it happen and often engage others in the activity.

SENSING (S)

Focusing on what can be perceived by the five senses

(N) INTUITION

Focusing on perceiving patterns and interrelationships



Abstract (in-preference)

- Like to go beyond the surface and read between the lines.
- May use symbols and metaphors to explain your views.
- Consider context and interrelationships important.
- Make mental leaps and enjoy brainstorming.
- May find it hard to identify the evidence for your ideas.
- May find it hard to disengage from the tangents you've followed.

Imaginative (in-preference)

- Like ingenuity for its own sake.
- Want to experience what is innovative and different.
- Are resourceful in dealing with new and unusual experiences.
- Prefer not to do things the same way twice.
- Readily envision what is needed for the future and enjoy strategic planning.
- May enjoy humour and word games based on nuance.

Conceptual (in-preference)

- Enjoy the role of scholar and thinker.
- Like acquiring new knowledge and skills for their own sake.
- Value mental virtuosity.
- Focus on the concept, not its application.
- Prefer starting with an idea.
- Find that practical uses for your ideas may come as afterthoughts.

Theoretical (in-preference)

- Trust theory and believe it has a reality of its own.
- Enjoy dealing with the intangible.
- Like to invent new theories even more than applying your "old" ones.
- See almost everything as fitting into a pattern or theoretical context.
- Are future-oriented.

Original (in-preference)

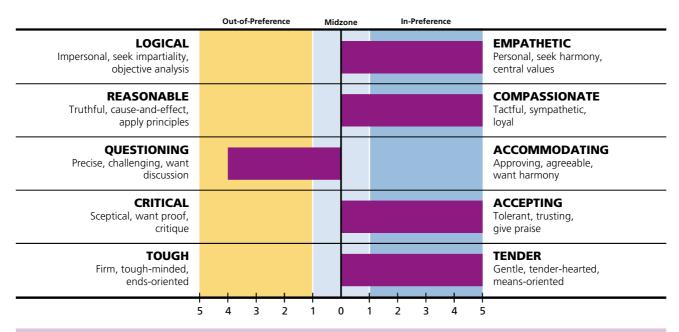
- Place a high value on uniqueness.
- Need to demonstrate your own originality.
- Value cleverness and inventiveness.
- Would rather work out your own way than read the directions

THINKING (T)

Basing conclusions on logical analysis with a focus on objectivity

(F) FEELING

Basing conclusions on personal or social values with a focus on harmony



Empathetic (in-preference)

- Focus on how a decision may affect what's important to you and others.
- Have a knack for identifying your own and others' feelings about an issue.
- Are sensitive to the overall mood in a group.
- Believe that following your personal appraisal of a situation is the best way to make a decision.
- Weigh positive and negative feelings in a situation and decide on that basis.

Compassionate (in-preference)

- Trust your own values as a reliable basis for decision making.
- Are in touch with your own and others' feelings and values.
- Are influenced by your likes and dislikes in making decisions.
- Subjectively decide, based on benefit and harm to the people involved.

Questioning (out-of-preference)

- Focus questions mostly around people and values.
- May use your questioning approach to draw out people's feelings.
- Take a mild, agreeable approach when you don't have a strong investment in the issue.
- Are typically tactful but can be sceptical, confrontational, and outspoken.
- May find that your questions are sometimes misinterpreted as oppositional and contentious.
- Are seen as intellectually curious and independent.

Accepting (in-preference)

- Focus on the good in people and situations.
- Like to praise, forgive, and be kind to others.
- Expect others to respond to you with kindness.
- Believe a win-win situation is usually possible.
- May be very disappointed when a win-win outcome does not occur.

Tender (in-preference)

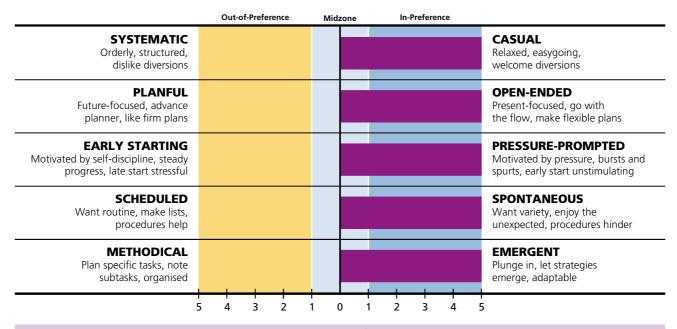
- Want people to like you and are seen as warm.
- Use gentleness and affection to achieve your objective.
- See lots of ways to arrive at an agreement.
- Recognise that a purely rational decision can't always be achieved.
- Give others the benefit of the doubt.
- Want everyone to feel good with the end result.

JUDGING (J)

Preferring decisiveness and closure

(P) PERCEIVING

Preferring flexibility and spontaneity



Casual (in-preference)

- Love being surprised and taking things as they come.
- Like a leisurely pace, letting things unfold in their own way.
- Don't like having too many plans with too many details.
- Prefer a casual work environment with little formality.
- Often want more information before moving to completion.

Open-Ended (in-preference)

- Like to make plans on the spur of the moment, especially in your leisure activities.
- Feel that spontaneous plan-making happens almost magically.
- Prefer flexibility so activities can unfold.
- Regret commitments to binding engagements because they close you in.
- Have long-range fantasies rather than long-range plans.

Pressure-Prompted (in-preference)

- Find that time pressures help you do better.
- Are easily bored when not doing something.
- Enjoy juggling several tasks, moving quickly from one to another.
- Feel most creative under the pressure of a deadline and like being taken by surprise.
- Find your mind is working on an assigned task even though nothing is on paper.
- Need to know just how late you can start to actually meet the deadline.
- Find that success using this approach depends on excellent timing and some planning skills.

Spontaneous (in-preference)

- Enjoy freedom and openness to new experiences.
- Are at your best when free to work spontaneously.
- See routines as constraints.
- Feel that routine interferes with your ability to respond to unexpected opportunities.
- Don't like scheduling your creativity.

Emergent (in-preference)

- Take an informal approach to task completion.
- Plunge in without detailed plans.
- Operate in a nonlinear fashion and are able to switch positions easily in the middle of an argument.
- Believe a solution will emerge regardless of where you start.
- Like to wait see what hannens and then "wing it "

Applying Step II to Communicating

All aspects of your type influence how you communicate, especially as part of a team. Nine of the facets are particularly relevant to communication. Your preferences for these nine facets along with tips for better communication appear below.

In addition to the tips in the table, keep in mind that communication for every type includes:

- Telling others what kind of information you need.
- Asking others what they need.
- Monitoring your impatience when other styles dominate.
- Realising that others are probably not trying to annoy you when they use their own communication styles.

Your Facet Result	Communication Style	Enhancing Communication
Initiating	Start interactions by helping people get to know one another.	Make sure that people actually need and want these introductions.
Expressive	Say whatever is on your mind to anyone who will listen.	Recognise when it's important not to say what's on your mind and then don't say it.
Active	Like to communicate and interact with others face to face.	Recognise when face-to-face communication may be intrusive or unnecessary.
Enthusiastic	Readily show enthusiasm for the subject at hand.	Be careful not to overwhelm and override others; make sure you ask for input.
Abstract	Talk about what you can infer from the here-and-now data.	Be open to the important details that you may be ignoring.
Questioning	Want to ask questions.	Be selective in choosing questions to ask so as not to intimidate people.
Accepting	Take a naturally inclusive stance toward a broad range of views.	Be aware that others may be frustrated by your refusal to favour one view over the others.
Tender	Try to win people over to your point of view.	Accept that someone may get hurt; a win-win result is not always possible.
Emergent	Communicate what to do next when you are in the middle of the task.	Try to accommodate those who need more pieces of the task up front.

Applying Step II to Making Decisions

Effective decisions require gathering information from a variety of perspectives and applying sound methods of evaluating that information. The Step II facets give us specific ways to enhance our decision making, especially those facets related to Sensing, Intuition, Thinking, and Feeling. Below are general questions associated with those facets. The facet poles you prefer are in bold italics. If you are in the Midzone, neither pole is italicised.

SENSING

Concrete: What do we know and how do we know

it?

Realistic: What are the real costs?

Practical: Will it work?

Experiential: Can you show me how it works?

Traditional: Does anything really need changing?

THINKING

Logical: What are the pros and cons?

Reasonable: What are the logical consequences?

Questioning: But what about?Critical: What is wrong with this?

Tough: Why aren't we following through now?

INTUITION

Abstract: What else could this mean?

Imaginative: What else can we come up with? Conceptual: What other interesting ideas are

there?

Theoretical: How is it all interconnected?
Original: What is a new way to do this?

FEELING

Empathetic: What do we like and dislike?

Compassionate: What impact will this have on

people?

Accommodating: How can we make everyone

happy?

Accepting: What is beneficial in this?

Tender: What about the people who will be hurt?

Six different ways of evaluating information, called decision-making styles, have been identified based on two facets of the Thinking-Feeling dichotomy: Logical-Empathetic and Reasonable-Compassionate.

Your style is Empathetic-Compassionate. This style means that you probably

- Trust the Feeling preference and readily make decisions based on your system of values.
- May recognise logical cause-and-effect factors but see them as secondary.
- Seek to create and maintain harmony through your decisions.
- Are seen as sensitive and tactful.
- Are sometimes seen as overly solicitous.

TIPS

In individual problem-solving, start by asking all the questions in the boxes above.

- Pay careful attention to the answers. The questions that are opposite to the ones in bold italics may be key since they represent perspectives you aren't likely to consider.
- Try to balance your decision-making style by considering the less preferred parts of your personality.

In group problem-solving, actively seek out people with different views. Ask for their concerns and perspectives.

- Do a final check to make sure that all the questions above have been asked and that different decision-making styles are included.
- If you are missing a perspective, make extra efforts to consider what it might add.

Applying Step II to Managing Change

Change seems to be inevitable and affects people in different ways. To help you deal with change:

- Be clear about what is changing and what is remaining the same.
- Identify what you need to know to understand the change and then seek out that information.

To help others deal with change:

- Encourage open discussion about the change; be aware that this is easier for some than others.
- Make sure that both logical reasons and personal or social values have been considered.

Your personality type also influences your style of managing change, particularly your results on the nine facets below. Review the facets and tips for enhancing your response to change.

Your Facet Result	Change-Management Style	Enhancing Change Management
Expressive	Freely share your feelings about the change with others.	Limit your expressiveness to those who appreciate your style; give others time to think things through.
Gregarious	Discuss the changes and their impact on you with the broadest range of people.	Be aware that people vary in their level of interest in what you have to say and thus be selective in whom you talk to.
Abstract	May make unwarranted inferences about the meaning of the change.	Check out your inferences with some facts and data.
Imaginative	Enjoy the novel aspects of the change and the resourcefulness it requires.	Recognise that there are real costs involved in pursuing novelty.
Theoretical	Put the change into a theoretical system.	Recognise that people's experiences may not be explained adequately by your theory.
Original	Embrace change for the sake of change.	Be selective about what changes are really worth pursuing.
Tender	Want people affected by the changes treated with kindness and consideration.	Decide how much insensitivity you can tolerate and act accordingly.
Open-Ended	Let the changes unfold as they may.	Be aware that others may be uneasy with your unfolding approach; fill them in whenever you can.
Emergent	Decide what is best to do next in the moment; resist planning.	Remember - planning some steps now may prevent problems in the future.

Applying Step II to Managing Conflict

In working with others, conflicts are inevitable. People of distinct personality types may differ in what they define as conflict, how they react to it, and how they reach resolution. Although sometimes unpleasant, conflicts often lead to improved work situations and enhanced relationships.

Part of conflict management for every type includes:

- Taking care of getting the work done while maintaining your relationships with the people involved.
- Recognising that all perspectives have something to add, but any perspective used in its extreme and to the exclusion of its opposite will ultimately impede conflict resolution.

Some aspects of conflict management may be unique to your results on six Step II facets. The table below explains how your results on these facets may affect your efforts to manage conflict.

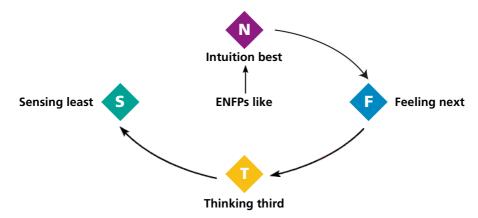
Your Facet Result	Conflict-Management Style	Enhancing Conflict Management
Expressive	Discuss the conflict and your emotional reactions to it immediately.	Be aware that even though others may not speak up immediately, they may feel strongly about the issue.
Gregarious	Involve all relevant people in resolving the conflict, not just those you know well.	Respect the need of some people to remain uninvolved until they are ready to participate.
Questioning	Ask many questions of others to reveal all the issues in the conflict.	Be aware that people may take your questioning style as challenging rather than helpful in resolving the issue; be clear about your intent.
Accepting	Look for points of agreement in others' arguments and ideas.	Recognise that some things are really worthy of criticism so don't insist on agreement.
Tender	Strive for cooperation and minimise points of disagreement.	Recognise when cooperation is no longer helpful; sometimes people need to agree to disagree.
Pressure-Prompted	Feed off the pressure of working at the last minute so do not recognise that conflict can emerge from this style itself.	Use your style when working alone but set earlier deadlines for yourself when others depend on you to complete tasks.

In addition to your facet results, your decision-making style (as explained on page 13) affects how you manage conflict. Your decision-making style is Empathetic-Compassionate. You are likely to focus on taking person-centred values into account, believing that others who do not are insensitive. To make your efforts to manage conflict more effective, be aware of two possible extreme responses - giving in before others know your views or insisting that your way be followed.

How the Parts of Your Personality Work Together

The essence of type involves the way information is gathered (Sensing and Intuition) and how decisions are made (Thinking and Feeling). Each type has favourite ways of doing those two things. The two middle letters of your four-letter type (S or N and T or F) show your favourite processes. Their opposites, whose letters don't appear in your four-letter type, are third and fourth in importance for your type. Remember - you use all parts of your personality at least some of the time.

Here's the way it works for ENFPs:



USING YOUR FAVOURITE PROCESSES

Extraverts like to use their favourite process mostly in the outer world of people and things. For balance, they use their second favourite in their inner world of ideas and impressions. Introverts tend to use their favourite process mostly in their inner world and to balance this with the use of their second favourite process in the outer world.

Thus ENFPs use:

- Intuition mainly externally to see possibilities and meanings.
- Feeling mainly internally to guide them to what really matters for themselves and others.

USING YOUR LESS-FAVOURED PROCESSES

When you frequently use the less-preferred parts of your personality, Thinking and Sensing, remember that you are working outside of your natural comfort zone. You may feel awkward, tired, or frustrated at these times. As an ENFP, you may move quickly and ineffectively from one project to another at first, and then become fixated on negative, internal facts or physical symptoms.

To bring back some balance, try the following:

- Take more breaks in your activities when you are using these less familiar parts of your personality -Thinking and Sensing.
- Make an effort to find time to do something enjoyable that involves using your favourite ways -Intuition and Feeling.

USING YOUR TYPE EFFECTIVELY

ENFPs' preference for Intuition and Feeling makes them mostly interested in:

- Exploring ideas and possibilities.
- Promoting harmony in their own and other people's lives.

They typically devote little energy to the less-preferred parts of their personality, Sensing and Thinking. These parts may remain inexperienced and be less available for use in situations where they might be helpful.

As an FNFP.

- If you rely too much on your Intuition, you are likely to miss the relevant facts and details and what past experience might suggest.
- If you make judgments exclusively using Feeling, you may ignore the flaws, the pros and cons, and the logical implications of your decisions.

Your personality type is likely to develop in a natural way over your life. As people get older, many become interested in using the less familiar parts of their personality. When they are in midlife or older, ENFPs often find themselves devoting more time to things that were not very appealing when they were younger. For example, they report greater pleasure in tasks that require attention to facts and details and that call for logical analysis.

HOW THE FACETS CAN HELP YOU BE MORE EFFECTIVE

Sometimes a particular situation calls for using a less-preferred part of your personality. Your facet results can make it easier for you to temporarily adopt a less natural approach. Begin by identifying which facets are relevant and which poles are more appropriate to use.

- If you are out-of-preference on one or more of the relevant facets, make sure to focus on using approaches and behaviours related to those out-of-preference facets.
- If you are in the Midzone, decide which pole is more appropriate for the situation at hand and make sure you use approaches and behaviours related to that pole.
- If you are in-preference, ask someone at the opposite facet pole for help in using that approach or read a description of that pole to get clues for modifying your behaviour. Once you have a good approach, resist shifting back into your comfort zone.

Here are two examples of how to apply these suggestions.

- If you are in a situation where your natural information-gathering style (Intuition) may not be appropriate, try to modify your Abstract approach (an in-preference result) by considering important facts and details you may have missed (Concrete).
- If you are in a situation where you might need to adapt your way of getting things done (Perceiving), try modifying your Spontaneous approach to accomplishing tasks (an in-preference result) by asking yourself if following some routines (Scheduled) would help you achieve better results in this particular situation.

Integrating Step I and Step II

When you combine your Step I best-fit type and your Step II out-of-preference facets, the result is your individualised type description:



If, after reading all the information in this report, you don't think you have been accurately described, perhaps some variation on the facets will fit you better. To help you work out your best-fit individualised type description,

- Focus on any facet poles you thought were incorrect or any facets on which you had Midzone results.
- Consult a qualified MBTI practitioner for suggestions.
- Observe yourself and ask others how they see you.

Using Type to Gain Understanding

Knowledge of type can enrich your life in several ways. It can help you:

- Better understand yourself. Knowing your own type helps you understand the assets and liabilities of your typical reactions.
- Understand others. Knowing about type helps you recognise that other people may be different. It can enable you to see those differences as useful and broadening, rather than annoying and restricting.
- Gain perspective. Seeing yourself and others in the context of type can help you appreciate the legitimacy of other points of view. You can then avoid getting stuck in believing your way is the only way. No perspective is always right or always wrong.

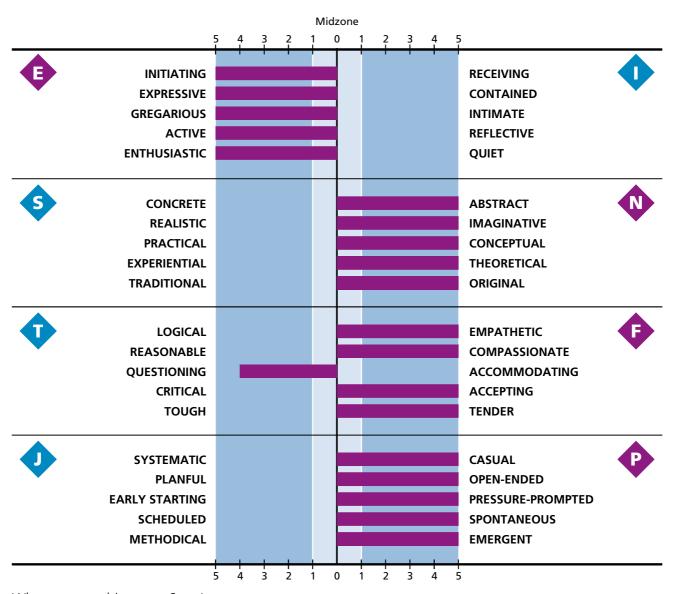
To further explore the theory and applications of type, consult the reading list on page 22. Observing yourself and others from the standpoint of type will enrich your understanding of personality differences and encourage constructive uses of those differences.

Overview of Your Results

STEP I: YOUR FOUR-LETTER TYPE

ENFPs tend to be warmly enthusiastic, high-spirited, innovative, and imaginative, always finding a new possibility to try. They are quick with a suggestion for any difficulty, empathetic, and ready to help anyone with a problem. They often rely on their ability to improvise rather than preparing in advance.

STEP II: YOUR RESULTS ON THE 20 FACETS



When you combine your Step I best-fit type and your Step II out-of-preference facets, the result is your individualised type description:

ENFP

Further Reading

GENERAL INFORMATION ON MBTI® STEP I AND STEP II INVENTORIES

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- Hirsh, S. K., & Kummerow, J. M. (1989). *LIFETypes*. New York: Warner Books.
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TYPE DYNAMICS AND DEVELOPMENT (PAGES 17–19)

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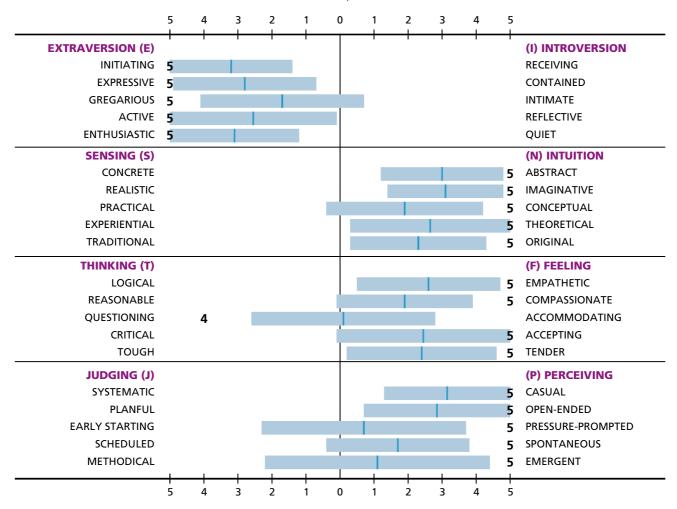
Interpreter's Summary

PREFERENCE CLARITY INDEXES FOR REPORTED TYPE: ENFP

Extraversion: Very Clear (67) Intuition: Very Clear (53) Feeling: Clear (35) Perceiving: Very Clear (63)

FACET SCORES AND THE AVERAGE RANGE OF SCORES FOR OTHER ENFPS

The bars on the graphs below show the average range of scores that occurred for the ENFPs in the European sample. The bars show scores that are -1 to +1 standard deviations from the mean. The vertical line in each bar shows ENFPs' mean score. The bold numbers show the respondent's scores.



POLARITY INDEX: 98

The polarity index, which ranges from 0 to 100, shows the consistency of a respondent's facet scores within a profile. Most adults score between 50 and 65, although higher indexes are common. An index that is below 45 means that the respondent has many scores in or near the Midzone. This may be due to mature situational use of the facet, answering the questions randomly, lack of self-knowledge, or ambivalence about use of a facet. Some such profiles may be invalid.

Number of Omitted Responses: 0



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